

# Waters of **LIFE**

## Waters of LIFE Advisor training

Module 2 – Introduction to Water Quality



An Roinn Tithíochta,  
Rialtais Áitiúil agus Oidhreachta  
Department of Housing,  
Local Government and Heritage



# What is a healthy river?

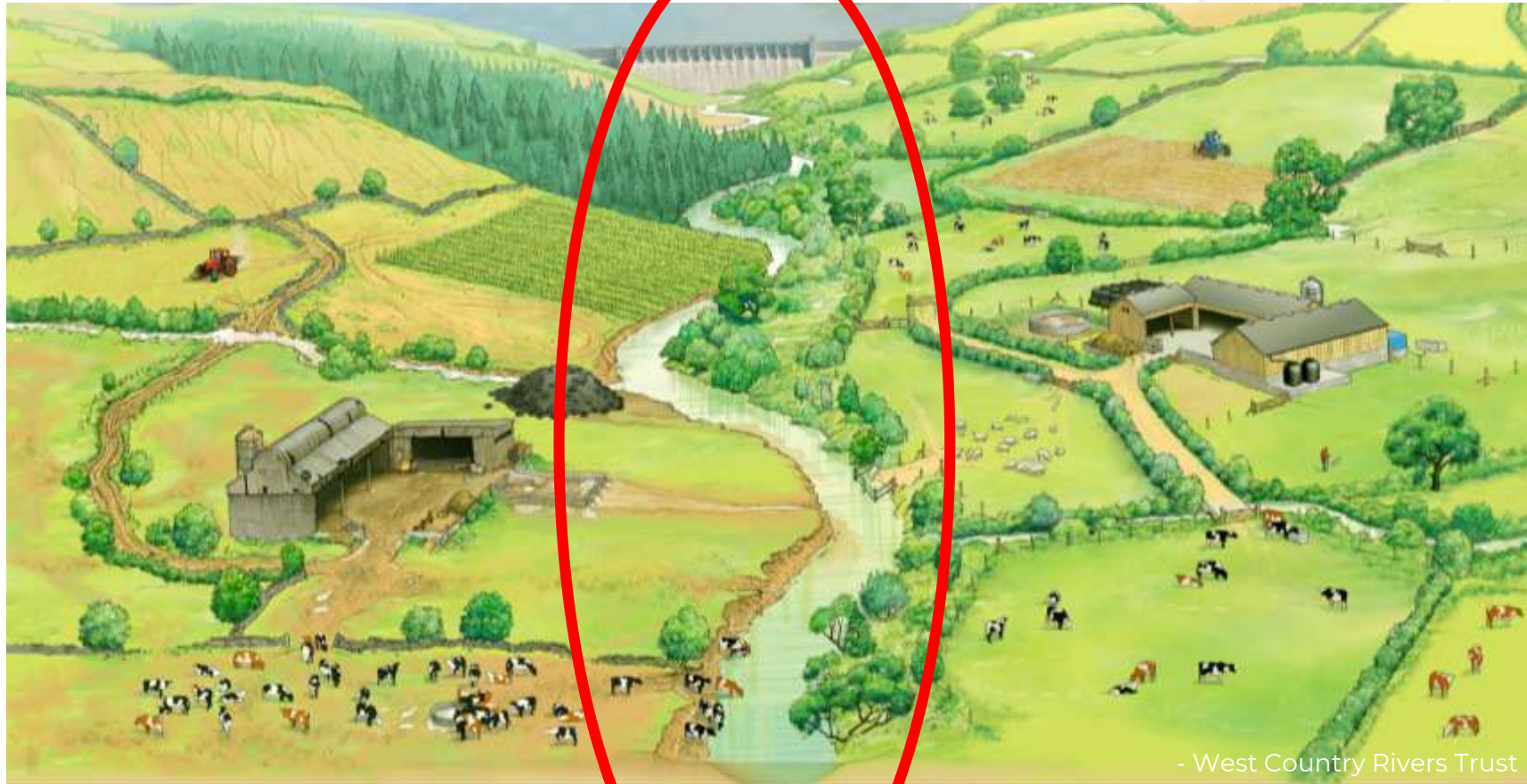


- West Country Rivers Trust

## The factors:

- Form and function
- Water parameters
- River corridor ecology
- Ecosystem services

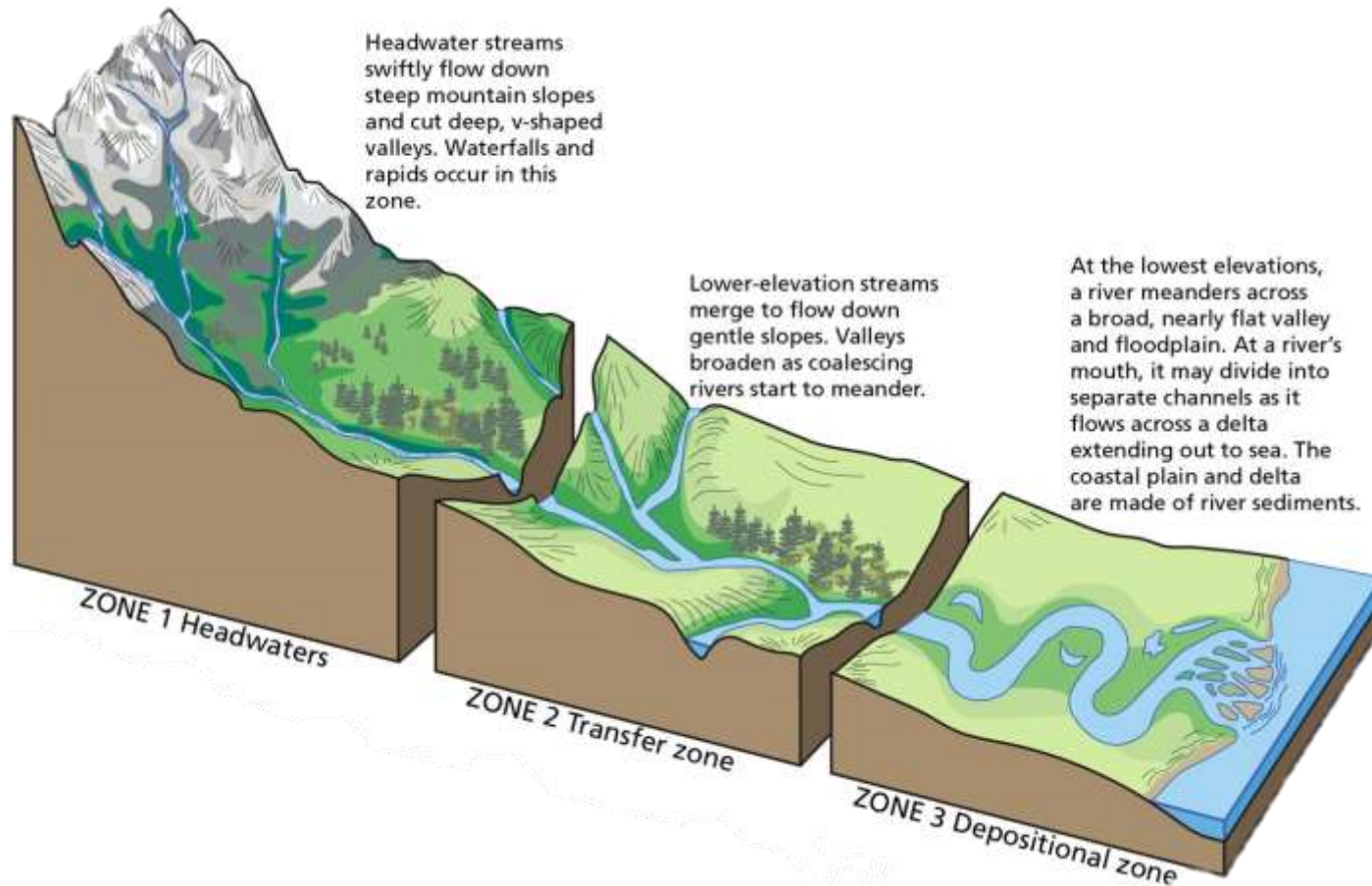
# What is a healthy river?



Hydromorphology:  
The form and  
function of the river



# Natural form of a river



Different forms for different landscapes

Different divergence for different landscapes

# Natural form of a river

## Hydromorphology: The form and function of the river



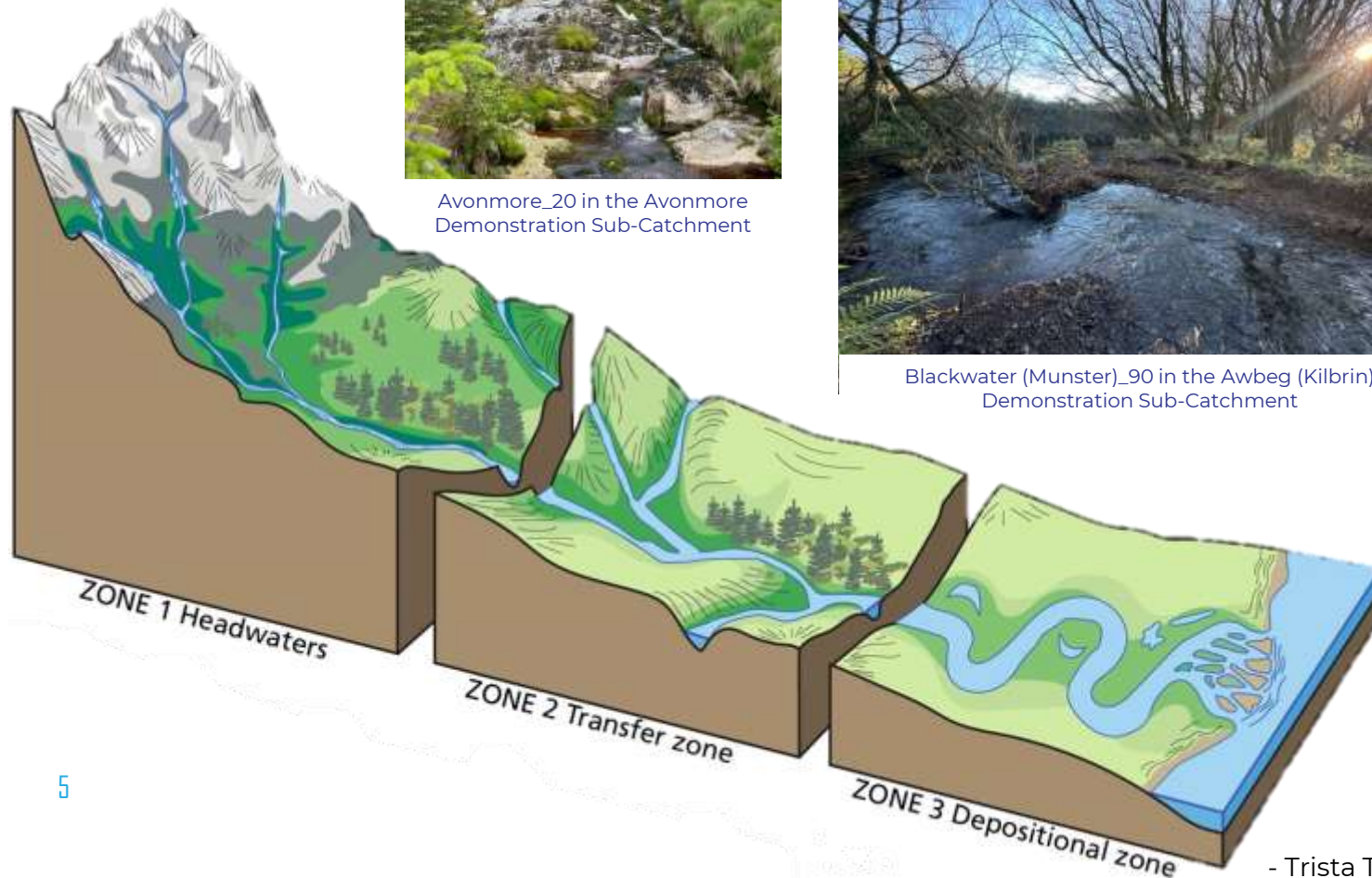
Avonmore\_20 in the Avonmore Demonstration Sub-Catchment



Blackwater (Munster)\_90 in the Awbeg (Kilbrin) Demonstration Sub-Catchment



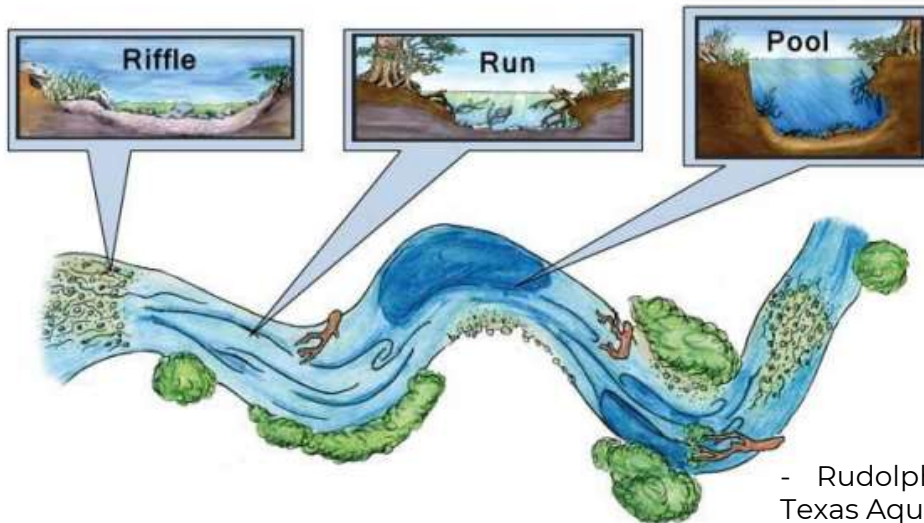
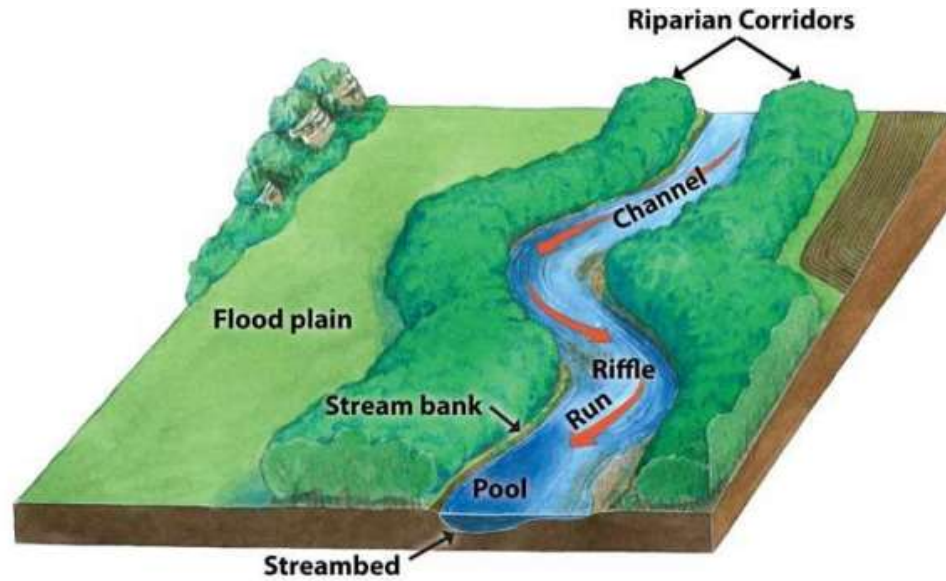
Islands\_30 in the Islands Demonstration Sub-Catchment



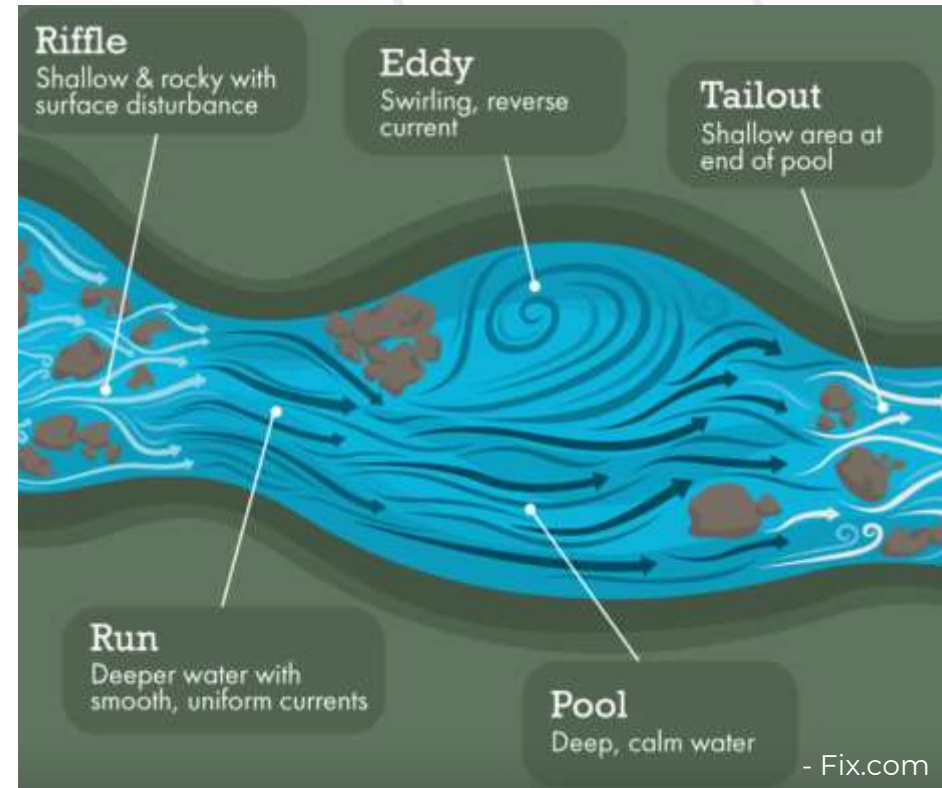


# Natural form of a river

Hydromorphology:  
The form and function of the river



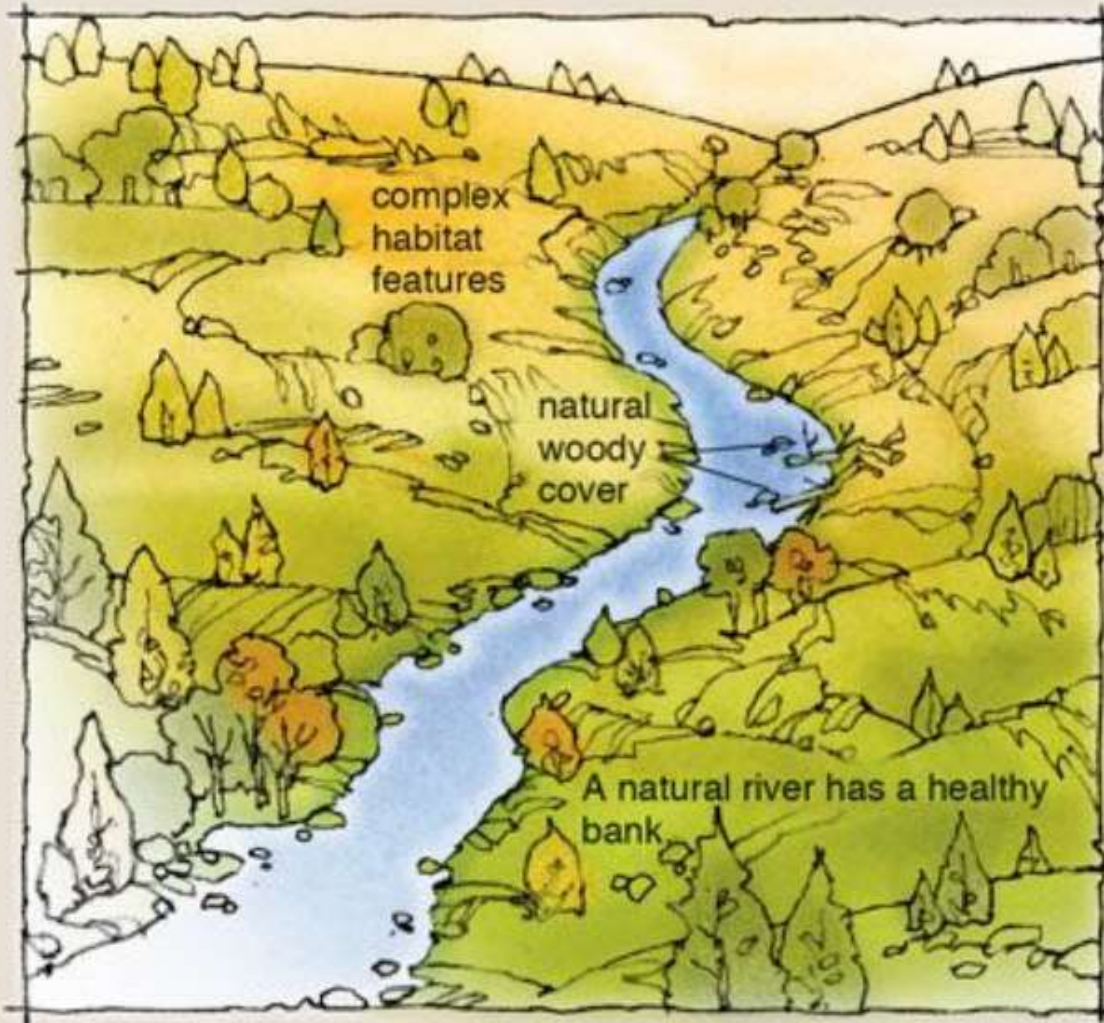
- Rudolph Rosen, Texas Aquatic Science



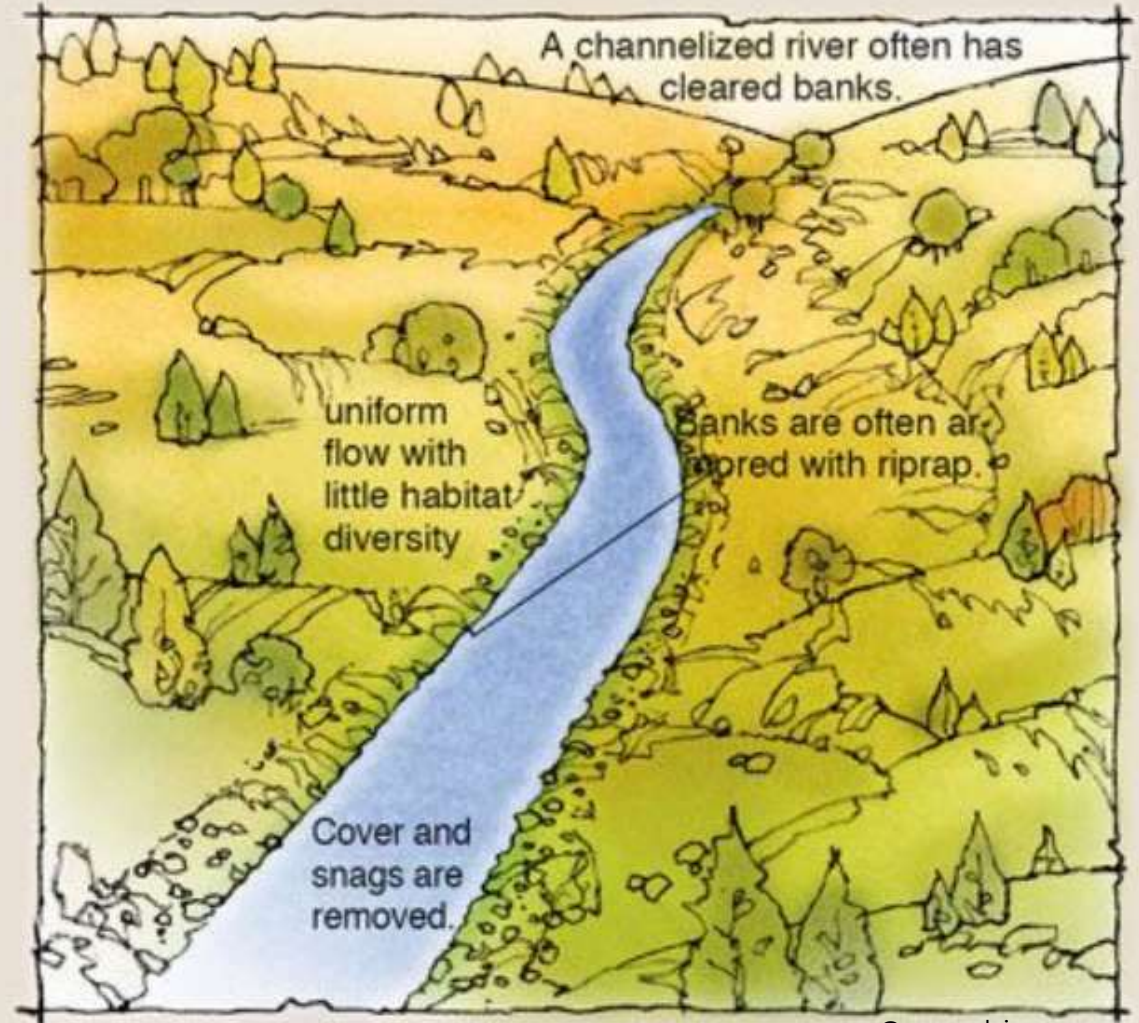


# Natural form of a river

## » Natural River



## » Channelized River





# Natural form of a river



Island\_20 in the Islands Demonstration Sub-Catchment



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the European Union

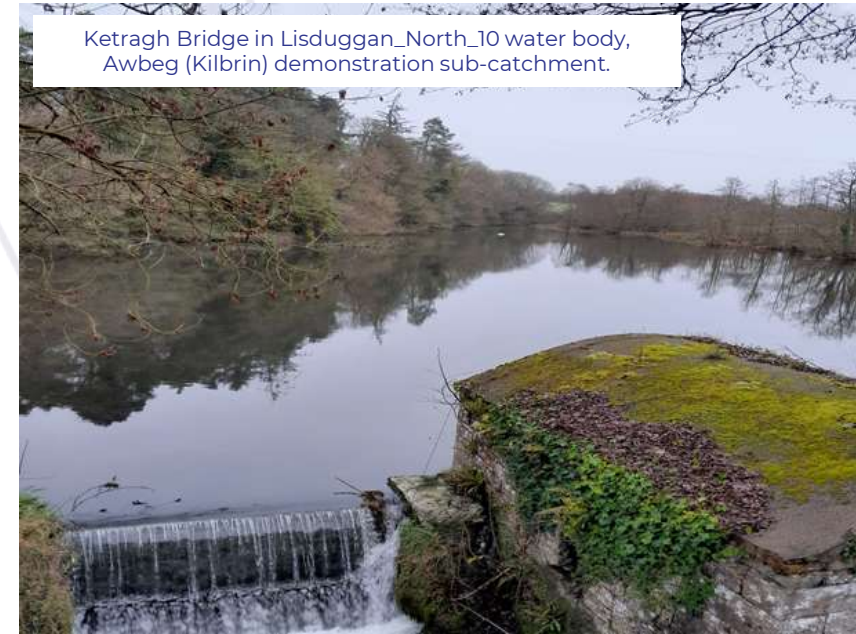
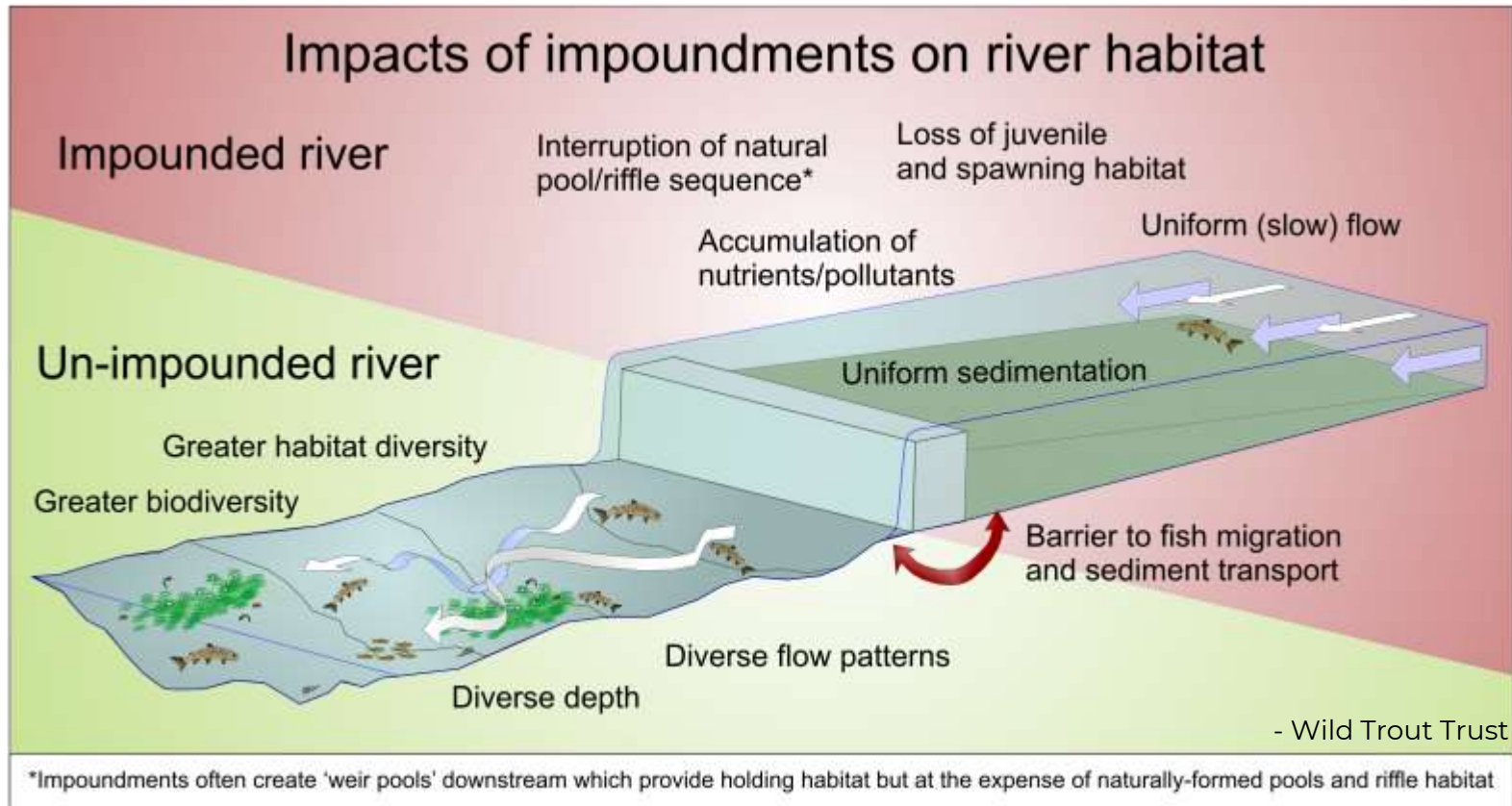


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# Natural form of a river

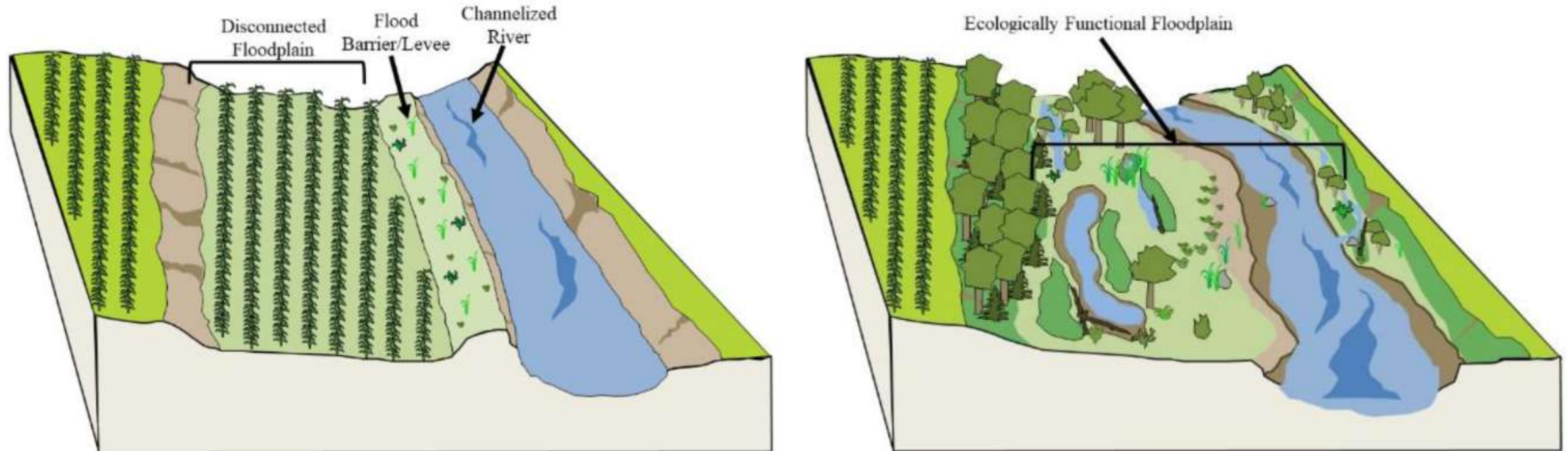
## Barriers to movement





# Natural form of a river

## Floodplain connectivity

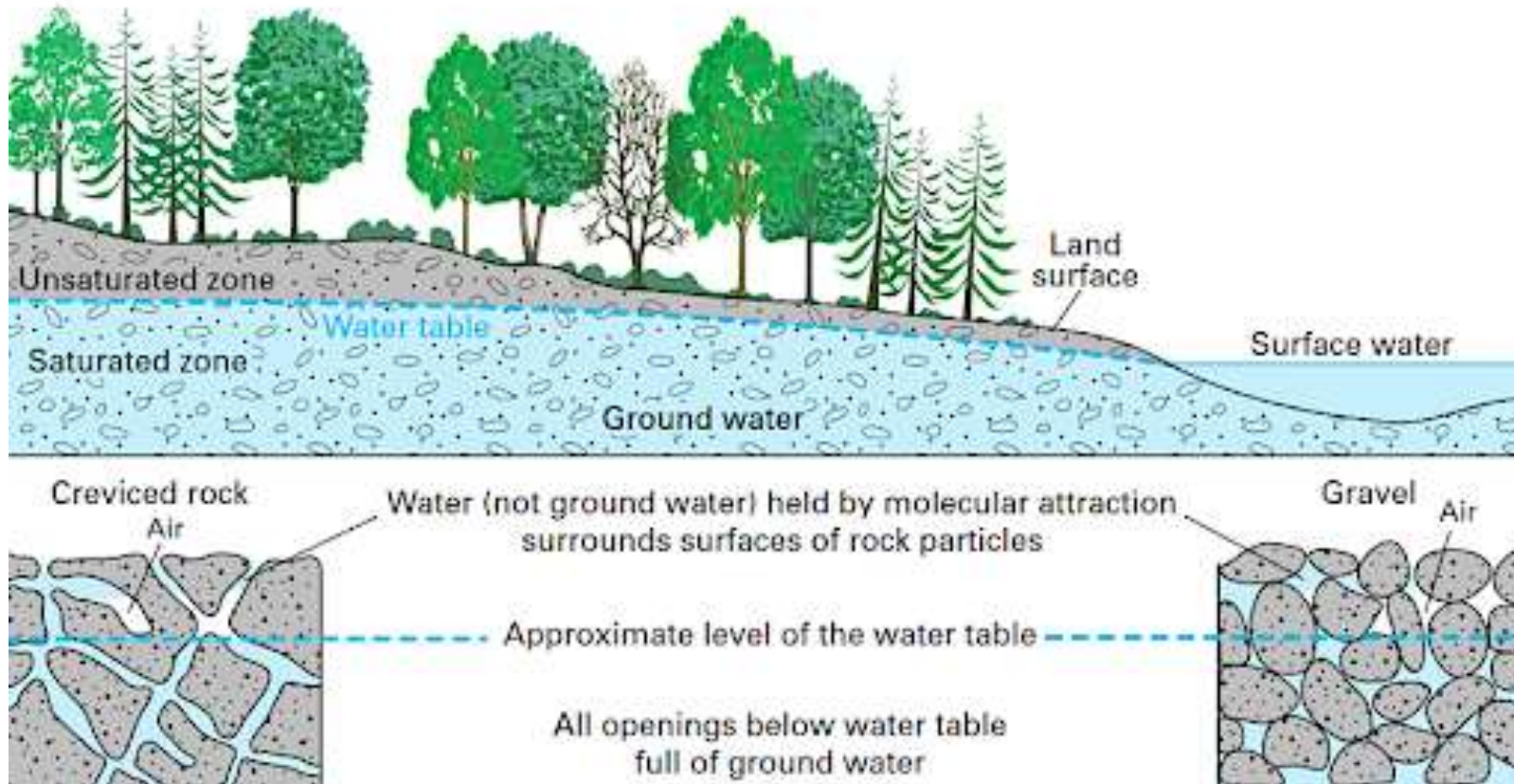


- American Rivers



# Natural form of a river

## Water tables



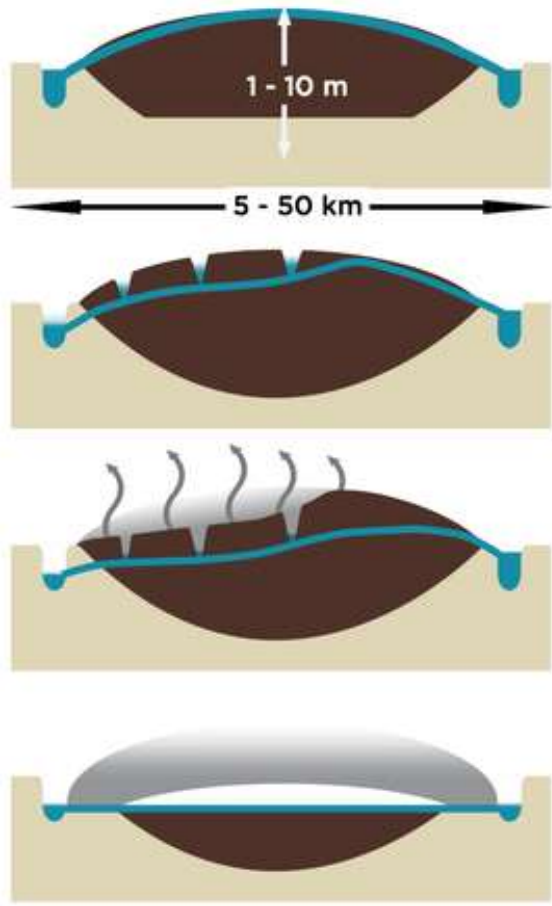
- Donal Daly

- United States Geological Survey



# Natural form of a river

## Water tables



- Pearl Mussel Project

- Water table
- Peat dome
- Clay / sand
- Stream channels
- former extent of peat dome



# What is a healthy river?

What do we mean when we refer to a polluted waterbody?





What is a healthy river?

What do we mean when we refer to a polluted waterbody?

EPA have their own definition of EQS for High Status and Good Status Rivers, which we will discuss later.

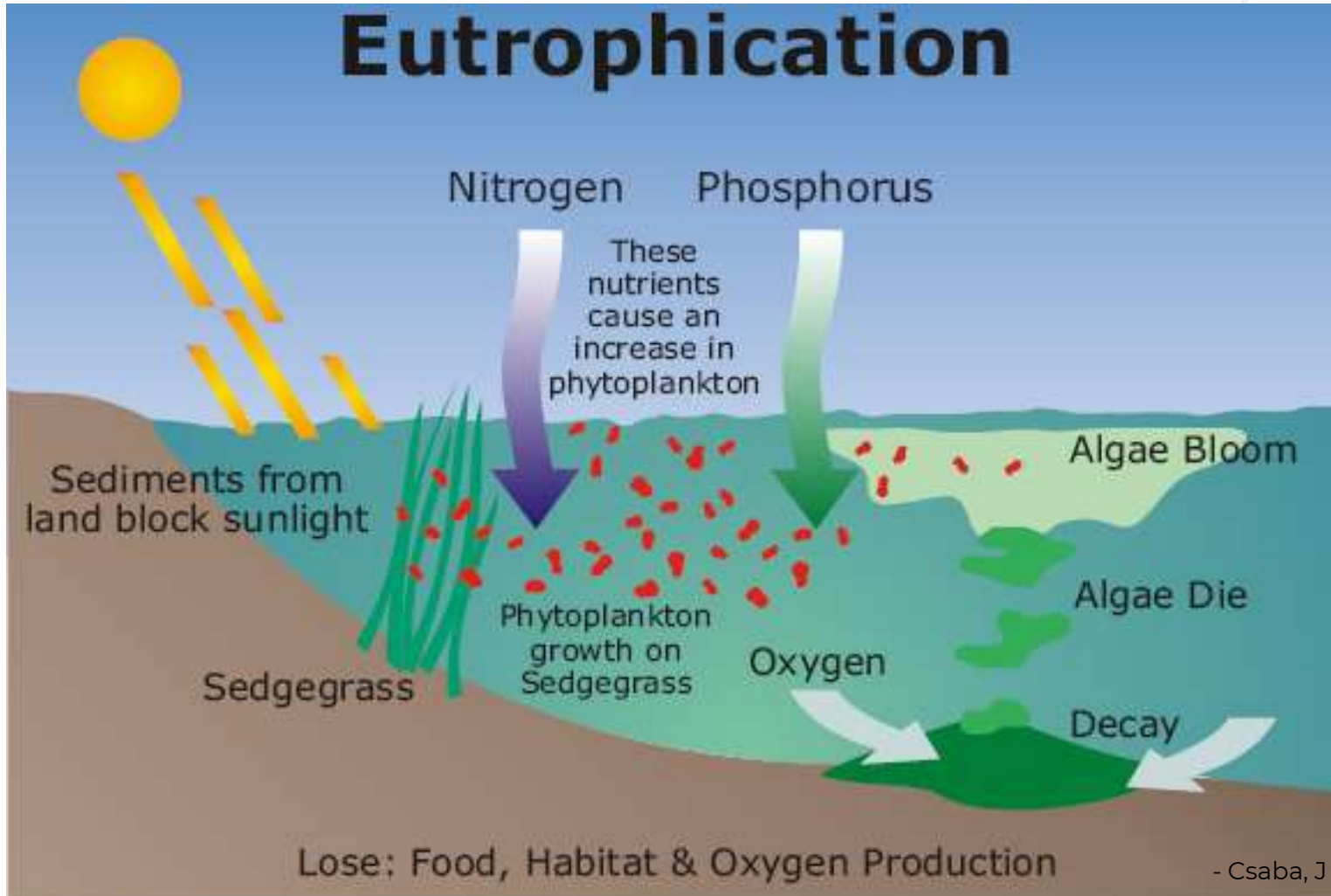
But really it's the correct water chemistry parameters for that river in its natural form without human pressures present





# What is a healthy river?

## What do we mean when we refer to a polluted waterbody?





# What is a healthy river?

## What do we mean when we refer to a polluted waterbody?



- Inland Fisheries Ireland



- BBC

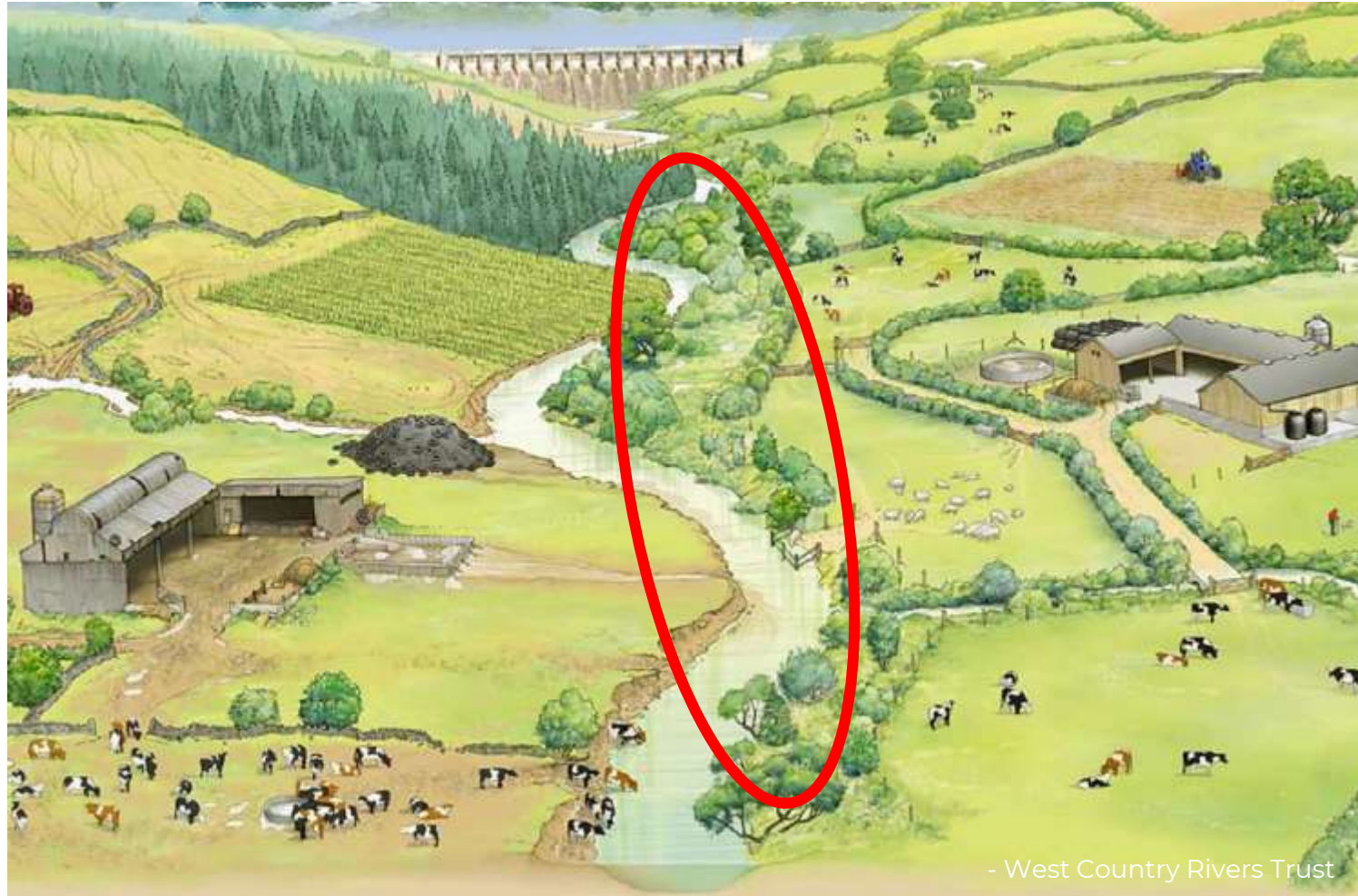


- Pry House Farm



# What is a healthy river?

## Riverside Habitats

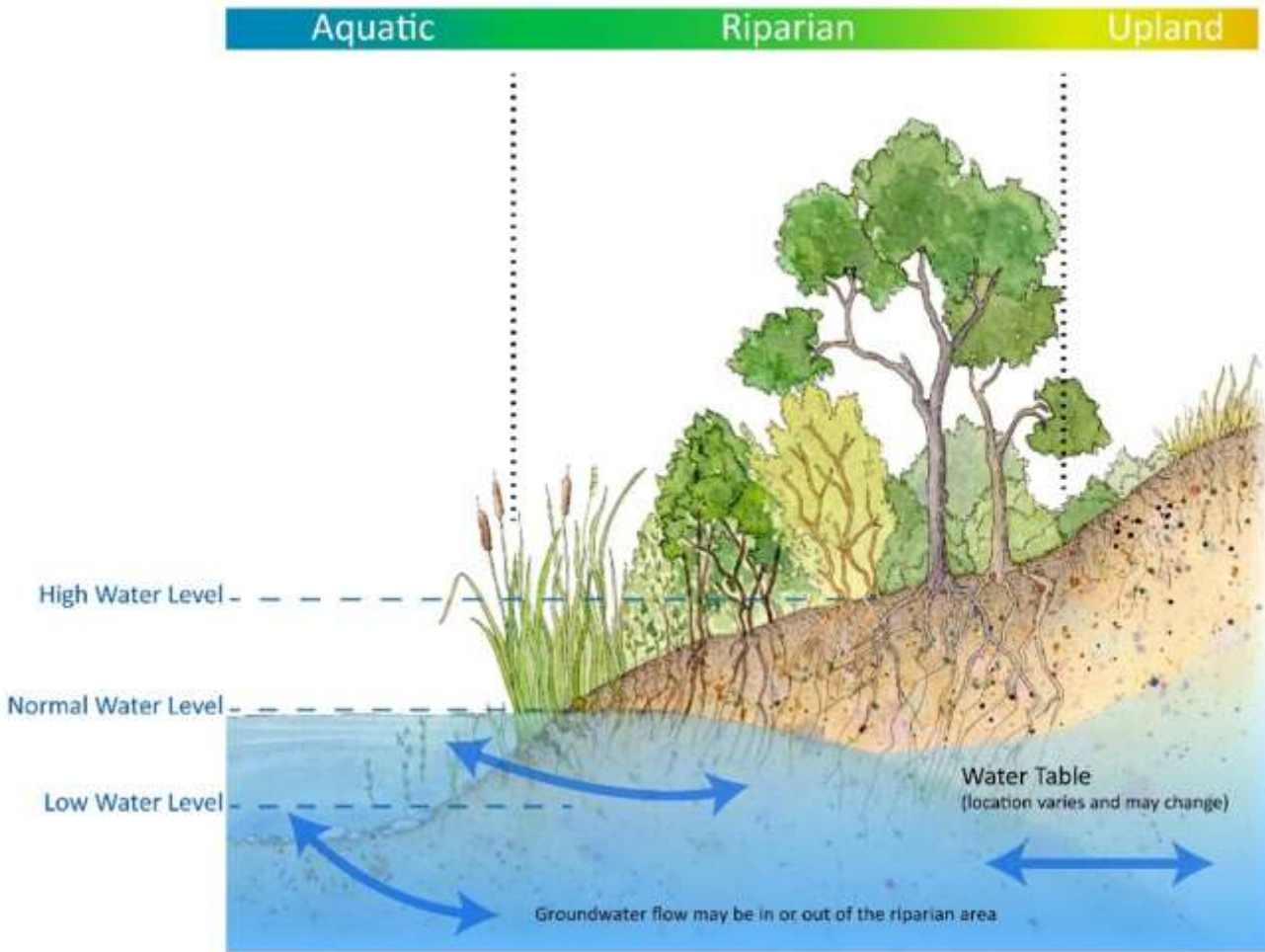


- West Country Rivers Trust



# Rivers as ecosystems

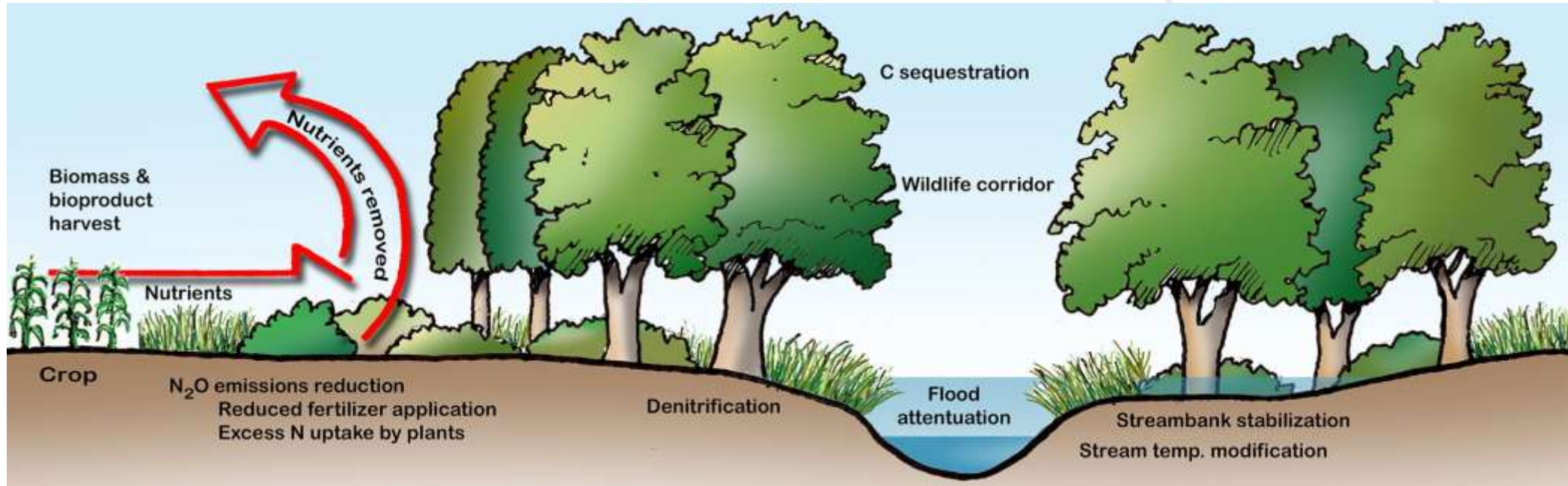
## Riverside Habitats



- Gloucestershire Wildlife Trust



# Rivers as ecosystems



- USDA National Agroforestry Centre



## Provisioning



FOOD



MEDICINE



FRESH WATER



RAW MATERIALS

## Cultural



CULTURAL HERITAGE



RECREATION & TOURISM

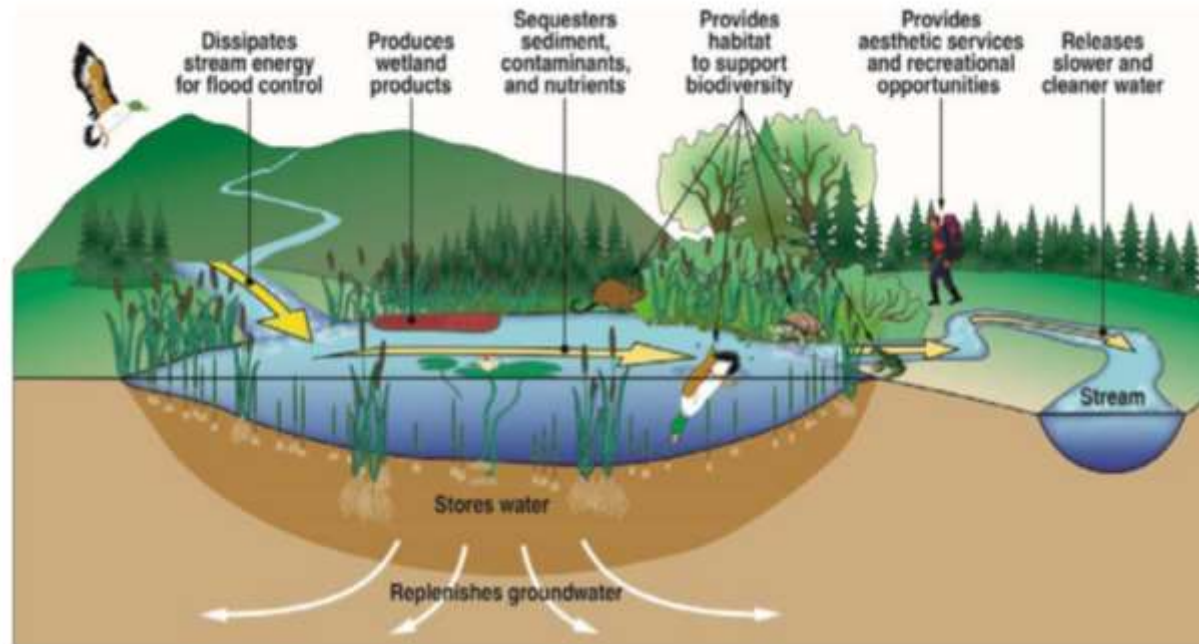


EDUCATION & RESEARCH



AESTHETIC

# Ecosystem services



- Ducks Unlimited

## Regulating



POLLINATION



LESSEN WEATHER IMPACTS



AIR QUALITY



SOIL PROTECTION

## Supporting



SOIL FORMATION



PHOTOSYNTHESIS



NUTRIENT CYCLING



HABITATS



## Exercise:

Using the model can you describe some of the 'good' features shown.



# How do we monitor the health of our rivers?

## WFD and River Basin Management Plans

Water quality has to be protected and restored where necessary to reach these environmental objective.

No deterioration with a minimum objective of good.

River Basin Management Plan prepared every six years

Sets out the measures that are necessary to protect and restore water quality in Ireland.



### Draft River Basin Management Plan for Ireland

2022 - 2027





# How do we monitor the health of our rivers?

## National Water Monitoring Programme

Conducted by EPA with support from LAs, IFI and other state agencies

2,899 waterbodies representing – **60% of the total number** of water bodies

**2,429 Rivers**    45 Coastal waters,  
224 Lakes,        16 Canals  
80 Estuaries      121 Groundwater bodies

## Classification:



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# How do we monitor the health of our rivers?

## Sampled vs modelled??

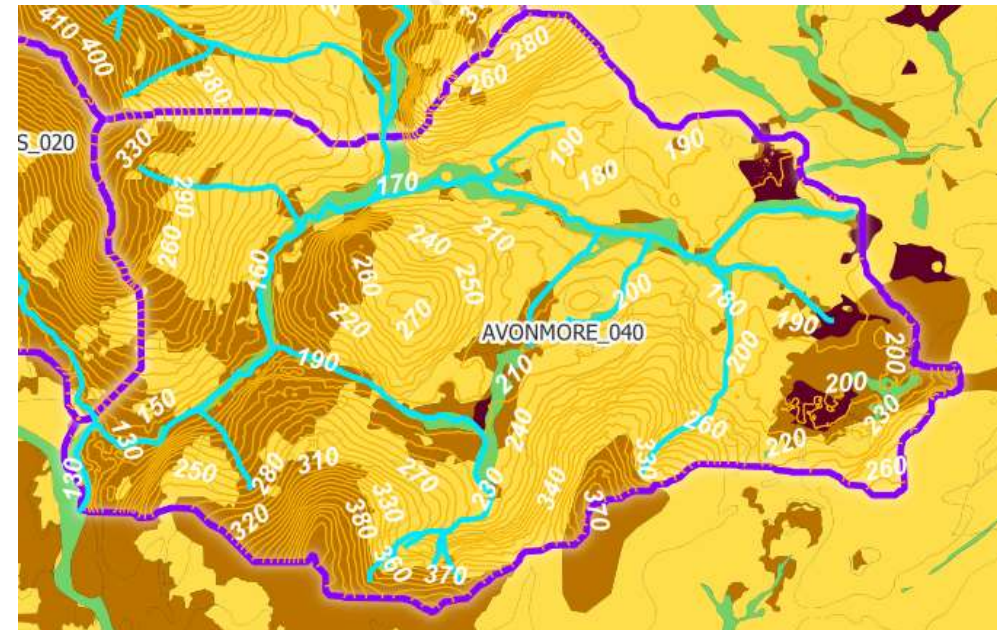
**Monitored sites** are actually visited, and water chemistry parameters, HyMo assessments and biological indices are tested in situ.

**Modelled sites** are based off of predictive desktop studies

## Frequency?

**Physiochemical:** 4 times per year for operational and 12 times for surveillance.

**Biological:** Every 3 years





# RESTORE

Inland fisheries Ireland, UCD, EPA funded

Monitoring programme for Waters of LIFE

A multidisciplinary monitoring programme to detect change in high status objective river waterbodies

Assess the effectiveness of measures to protect and restore them.

Bespoke to pressures in each catchment



Iascach Intíre Éireann  
Inland Fisheries Ireland



Environmental Protection Agency  
An Ghníomhaireacht um Chaomhnú Comhshaoil



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But how do we actually do the assessments?



# How do we assess hydromorphology?

RHAT Surveys, Morph Surveys, Desktop Assessments, River Restoration Plans



River Habitat Survey data input form

Page 1 Page 2 Page 3 Page 4 Map Data Photos Indices RHAT

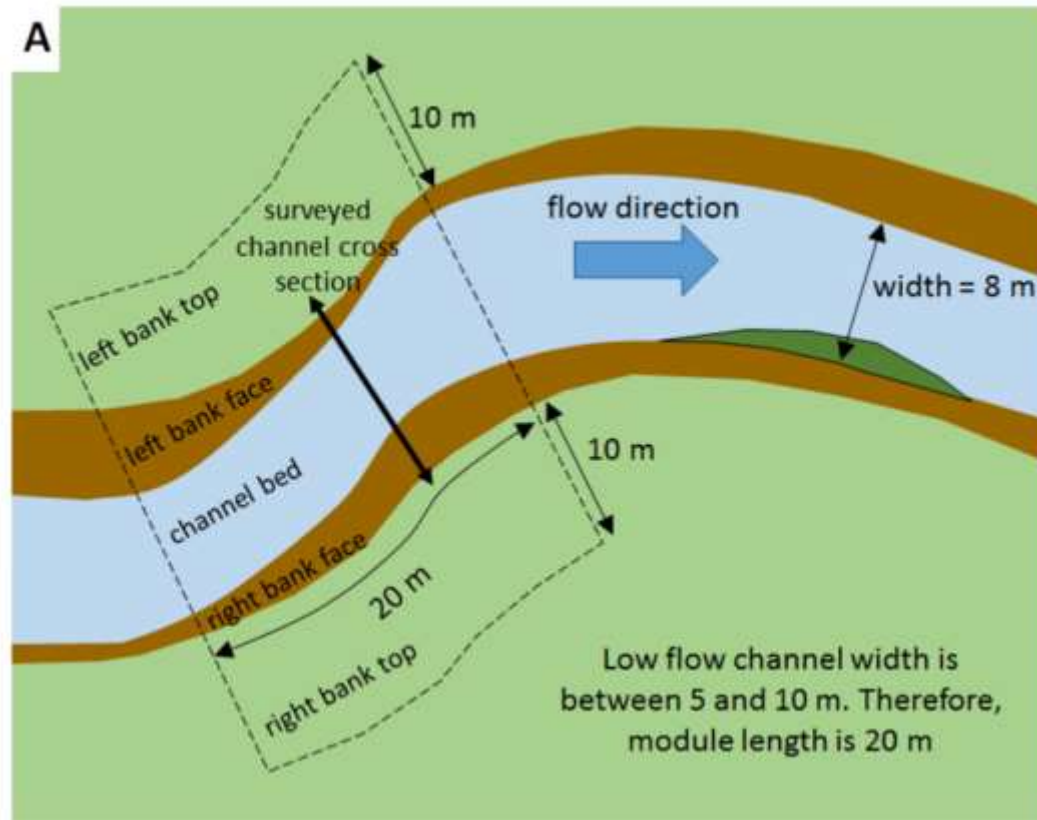
### River Hydromorphological Assessment Technique Field Assessment of Morphological Condition

Channel Form and Flow types	Poor
Channel vegetation	Good
Substrate condition	Moderate
Barriers to Continuity	Good
LEFT Bank Structure and stability	High
RIGHT Bank Structure and stability	Bad
LEFT Bank Vegetation	Bad
RIGHT Bank Vegetation	Bad
LEFT Riparian land cover	Bad
RIGHT Riparian land cover	Bad
LEFT Floodplain Connectivity	Bad
RIGHT Floodplain Connectivity	Bad

Hydromorphological condition score: 0.34375

WFD Class: POOR

- River Habitat Survey



-Modular River Survey

cbec eco engineering Waters of LIFE

Hydromorphological Assessment & Restoration Plan: Island Catchment

Department of Housing, Local Government and Heritage

cbec Europe July 2024 Report

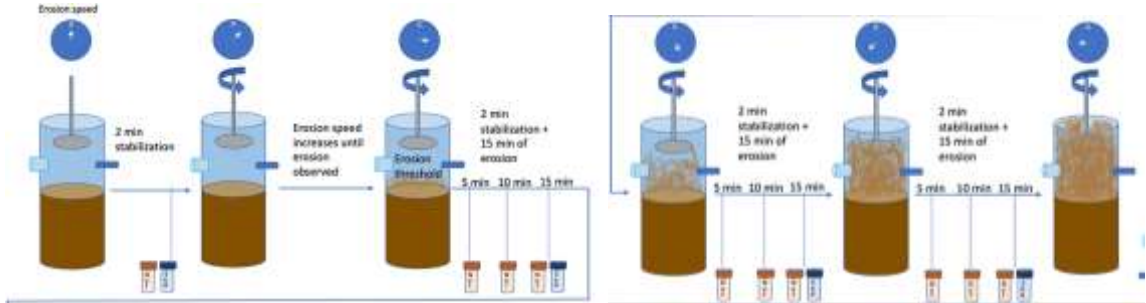
www.watersoflife.ie

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Department of Housing, Local Government and Heritage

# How do we assess water chemistry/parameters?



Location	Ammonia mg/l as N	Nitrate mg/l as N	Nitrite mg/l as N	Phosphorus (React) mg/l as P	TON mg/l as N
M-1	0.01	0.11	<0.005	<0.01	0.11
M-2	0.03	< 0.10	<0.005	<0.01	<0.10
M-3	0.02	< 0.10	<0.005	0.02	<0.10
M-4	0.02	< 0.10	<0.005	<0.01	<0.10
M-5	0.01	0.65	<0.005	0.01	0.65
M-6	0.02	0.56	<0.005	0.02	0.56
M-7	0.01	0.54	<0.005	<0.01	0.54
M-8	0.03	< 0.10	<0.005	0.02	<0.10
M-9	<0.01	0.12	<0.005	<0.01	0.12
M-10	<0.01	0.63	<0.005	<0.01	0.63
M-11	0.01	0.52	<0.005	<0.01	0.52

-Dunia Rios-Yunes et al 2023



# Assessing water quality using biological indices

## Macro-invertebrates

Diversity and abundance tells a story.

Sampled using Kick sampling techniques

Various stories can be told based on type of indicator presence: Acid indicators, sheep dip etc.

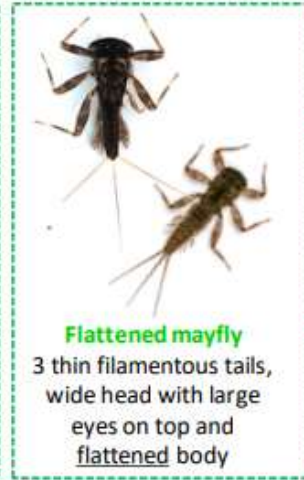
Tells a story longer than simple chemical parameters, life cycles take 1 – 2 years.

### The 'good guys'



**Stonefly**

2 thin filamentous tails at end of abdomen



**Flattened mayfly**

3 thin filamentous tails, wide head with large eyes on top and flattened body



**Green caddisfly**

Green caterpillar-like larva. Gills along abdomen give it a 'spiky' appearance

### The 'bad guys'



**Leech**

Suckers at both ends & moves by stretching out body



**Snail**

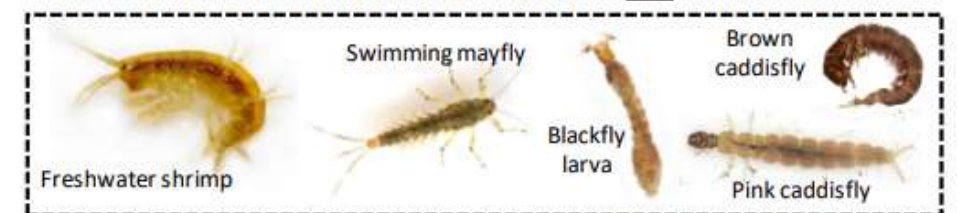
Hard pointed or coiled shell covering body



**Waterlouse**

Looks like a woodlouse, crawls slowly along bottom

These invertebrates are found in most streams and are **NOT** scored for the CSSI



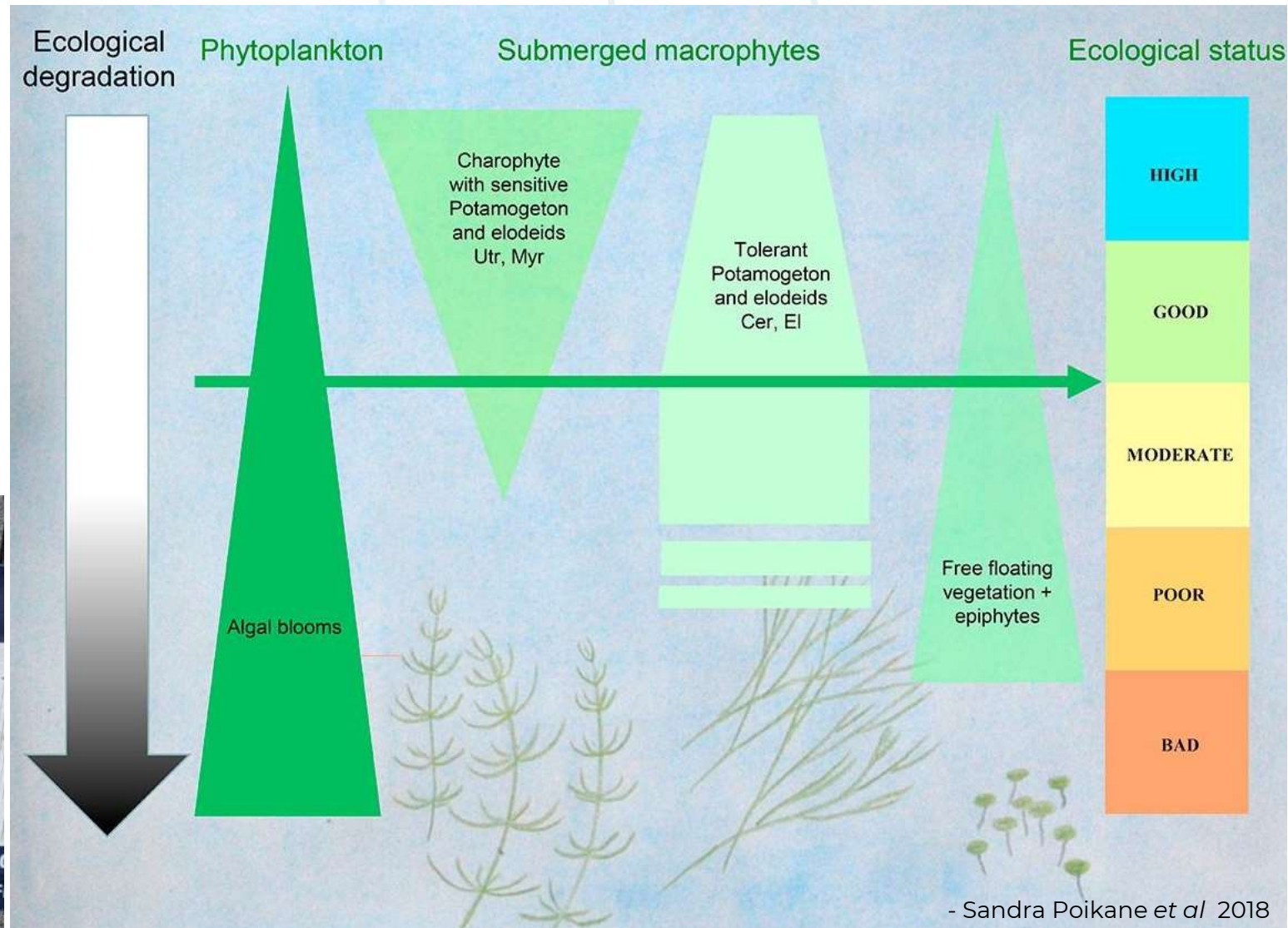
# Assessing water quality using biological indices:

## Other biological indices include:

- Fish
- Phytoplankton
- Macrophytes (plants)
- Benthic Algae



- Angling Ireland



- Sandra Poikane et al 2018



## High Status Objective Waterbodies

- Are as close to natural conditions as possible and must be retained as a reference to these conditions.
- Are the last reservoirs of sensitive species which are endemic to Irish Culture and Ecology.
- Provide the highest value in terms of ecosystem services



## Key takeaways:



1. Rivers have a natural form, functions and water parameters which must be protected or restored.
2. RESTORE project are responsible for monitoring, it is regular, locations picked based on measures implemented and not cross reported
3. HSO rivers act as reference of undisturbed and a refuge for those species dependent on these conditions

